



# TRAINING SCHEDULE - V2.00

Time Stamp: 2024-10-09 - 13h.30m

## 12 October - SATURDAY - FREE TRAINING

## 13 October - SUNDAY - 30 MINUTES SLOTS

Start Time	End Time	Slot duration								
09:00	09:30	00:30								
09:30	10:00	00:30								
09:30	10:00	00:30								
10:00	10:30	00:30								
10:30	11:00	00:30	Warming area 01	NEW ZEALAND - U21 - MEN	Warming area 02	NEW ZEALAND - U21 - WOMEN	Warming area 03	POLAND - U21 - MEN	Warming area 04	ITALY - U21 - MEN
11:00	11:30	00:30	Pitch 01	NEW ZEALAND - U21 - MEN	Pitch 02	NEW ZEALAND - U21 - WOMEN	Pitch 03	POLAND - U21 - MEN	Pitch 04	ITALY - U21 - MEN
11:00	11:30	00:30	Warming area 01	SINGAPORE - U21 - MEN	Warming area 02	SINGAPORE - U21 - WOMEN	Warming area 03	CZECHIA - U21 - MEN	Warming area 04	LITHUANIA - U21 - MEN
11:30	12:00	00:30	Pitch 01	SINGAPORE - U21 - MEN	Pitch 02	SINGAPORE - U21 - WOMEN	Pitch 03	CZECHIA - U21 - MEN	Pitch 04	LITHUANIA - U21 - MEN
11:30	12:00	00:30	Warming area 01	CHINESE TAIPEI - U21 - MEN	Warming area 02	SINGAPORE - MEN	Warming area 03	THAILAND - U21 - WOMEN	Warming area 04	CHINESE TAIPEI - U21 - WOMEN
12:00	12:30	00:30	Pitch 01	CHINESE TAIPEI - U21 - MEN	Pitch 02	SINGAPORE - MEN	Pitch 03	THAILAND - U21 - WOMEN	Pitch 04	CHINESE TAIPEI - U21 - WOMEN
12:00	12:30	00:30	Warming area 01	BELGIUM - U21 - MEN	Warming area 02	BELGIUM - MEN	Warming area 03	SPAIN - U21 - MEN	Warming area 04	SPAIN - U21 - WOMEN
12:30	13:00	00:30	Pitch 01	BELGIUM - U21 - MEN	Pitch 02	BELGIUM - MEN	Pitch 03	SPAIN - U21 - MEN	Pitch 04	SPAIN - U21 - WOMEN
12:30	13:00	00:30	Warming area 01	NETHERLANDS - U21 - MEN	Warming area 02	NETHERLANDS - U21 - WOMEN	Warming area 03	AUSTRALIA - MEN	Warming area 04	AUSTRALIA - WOMEN
13:00	13:30	00:30	Pitch 01	NETHERLANDS - U21 - MEN	Pitch 02	NETHERLANDS - U21 - WOMEN	Pitch 03	AUSTRALIA - MEN	Pitch 04	AUSTRALIA - WOMEN
13:00	13:30	00:30								
13:30	14:00	00:30	Warming area 01	AUSTRALIA - U21 - MEN	Warming area 02	GREAT BRITAIN - U21 - MEN	Warming area 03	GREAT BRITAIN - U21 - WOMEN	Warming area 04	AUSTRALIA - U21 - WOMEN
14:00	14:30	00:30	Pitch 01	AUSTRALIA - U21 - MEN	Pitch 02	GREAT BRITAIN - U21 - MEN	Pitch 03	GREAT BRITAIN - U21 - WOMEN	Pitch 04	AUSTRALIA - U21 - WOMEN
14:00	14:30	00:30	Warming area 01	GERMANY - U21 - MEN	Warming area 02	GERMANY - U21 - WOMEN	Warming area 03	AUSTRIA - U21 - MEN	Warming area 04	SWITZERLAND - U21 - MEN
14:30	15:00	00:30	Pitch 01	GERMANY - U21 - MEN	Pitch 02	GERMANY - U21 - WOMEN	Pitch 03	AUSTRIA - U21 - MEN	Pitch 04	SWITZERLAND - U21 - MEN
14:30	15:00	00:30	Warming area 01	SWEDEN - MEN	Warming area 02	SWEDEN - WOMEN	Warming area 03	DENMARK - MEN	Warming area 04	DENMARK - U21 - MEN
15:00	15:30	00:30	Pitch 01	SWEDEN - MEN	Pitch 02	SWEDEN - WOMEN	Pitch 03	DENMARK - MEN	Pitch 04	DENMARK - U21 - MEN
15:00	15:30	00:30	Warming area 01	SOUTH AFRICA - MEN	Warming area 02	IRAN - MEN	Warming area 03	IRAN - WOMEN	Warming area 04	JAPAN - U21 - MEN
15:30	16:00	00:30	Pitch 01	SOUTH AFRICA - MEN	Pitch 02	IRAN - MEN	Pitch 03	IRAN - WOMEN	Pitch 04	JAPAN - U21 - MEN
15:30	16:00	00:30	Warming area 01	FRANCE - U21 - MEN	Warming area 02	FRANCE - U21 - WOMEN	Warming area 03	USA - MEN	Warming area 04	SWITZERLAND - WOMEN
16:00	16:30	00:30	Pitch 01	FRANCE - U21 - MEN	Pitch 02	FRANCE - U21 - WOMEN	Pitch 03	USA - MEN	Pitch 04	SWITZERLAND - WOMEN
16:00	16:30	00:30	Warming area 01	MALASYA - MEN	Warming area 02	MALASYA - U21 - WOMEN	Warming area 03	HONG KONG - MEN	Warming area 04	HONG KONG - WOMEN
16:30	17:00	00:30	Pitch 01	MALASYA - MEN	Pitch 02	MALASYA - U21 - WOMEN	Pitch 03	HONG KONG - MEN	Pitch 04	HONG KONG - WOMEN
16:30	17:00	00:30	Warming area 01	PORTUGAL - U21 - MEN	Warming area 02	FRANCE - MEN	Warming area 03	FRANCE - WOMEN	Warming area 04	
17:00	17:30	00:30	Pitch 01	PORTUGAL - U21 - MEN	Pitch 02	FRANCE - MEN	Pitch 03	FRANCE - WOMEN	Pitch 04	
17:00	17:30	00:30								
17:30	18:00	00:30								
17:30	18:00	00:30								
18:00	18:30	00:30								
18:30	19:00	00:30								

NO TEAM ALLOWED TO USE THE PITCHES OUT OF THEIR ASSIGNED HOURS



# TRAINING SCHEDULE - V2.00

Time Stamp: 2024-10-09 - 13h.30m

Start Time	End Time	Slot duration	14 October - MONDAY - 25 MINUTES SLOTS							
09:00	09:25	00:25	Warming area 01	NEW ZEALAND - U21 - MEN	Warming area 02	SINGAPORE - U21 - MEN	Warming area 03	CHINESE TAIPEI - U21 - MEN	Warming area 04	BELGIUM - U21 - MEN
09:25	09:50	00:25	Pitch 01	NEW ZEALAND - U21 - MEN	Pitch 02	SINGAPORE - U21 - MEN	Pitch 03	CHINESE TAIPEI - U21 - MEN	Pitch 04	BELGIUM - U21 - MEN
09:25	09:50	00:25	Warming area 01	NEW ZEALAND - U21 - WOMEN	Warming area 02	SINGAPORE - U21 - WOMEN	Warming area 03	THAILAND - U21 - WOMEN	Warming area 04	CHINESE TAIPEI - U21 - WOMEN
09:50	10:15	00:25	Pitch 01	NEW ZEALAND - U21 - WOMEN	Pitch 02	SINGAPORE - U21 - WOMEN	Pitch 03	THAILAND - U21 - WOMEN	Pitch 04	CHINESE TAIPEI - U21 - WOMEN
09:50	10:15	00:25	Warming area 01	SINGAPORE - MEN	Warming area 02	BELGIUM - MEN	Warming area 03	AUSTRALIA - MEN	Warming area 04	SWEDEN - MEN
10:15	10:40	00:25	Pitch 01	SINGAPORE - MEN	Pitch 02	BELGIUM - MEN	Pitch 03	AUSTRALIA - MEN	Pitch 04	SWEDEN - MEN
10:15	10:40	00:25	Warming area 01	POLAND - U21 - MEN	Warming area 02	ITALY - U21 - MEN	Warming area 03	CZECHIA - U21 - MEN	Warming area 04	LITHUANIA - U21 - MEN
10:40	11:05	00:25	Pitch 01	POLAND - U21 - MEN	Pitch 02	ITALY - U21 - MEN	Pitch 03	CZECHIA - U21 - MEN	Pitch 04	LITHUANIA - U21 - MEN
10:40	11:05	00:25	Warming area 01	NETHERLANDS - U21 - WOMEN	Warming area 02	SPAIN - U21 - WOMEN	Warming area 03	GREAT BRITAIN - U21 - WOMEN	Warming area 04	AUSTRALIA - U21 - WOMEN
11:05	11:30	00:25	Pitch 01	NETHERLANDS - U21 - WOMEN	Pitch 02	SPAIN - U21 - WOMEN	Pitch 03	GREAT BRITAIN - U21 - WOMEN	Pitch 04	AUSTRALIA - U21 - WOMEN
11:05	11:30	00:25	Warming area 01	NETHERLANDS - U21 - MEN	Warming area 02	AUSTRALIA - U21 - MEN	Warming area 03	SPAIN - U21 - MEN	Warming area 04	GREAT BRITAIN - U21 - MEN
11:30	11:55	00:25	Pitch 01	NETHERLANDS - U21 - MEN	Pitch 02	AUSTRALIA - U21 - MEN	Pitch 03	SPAIN - U21 - MEN	Pitch 04	GREAT BRITAIN - U21 - MEN
11:30	11:55	00:25	Warming area 01	SWITZERLAND - WOMEN	Warming area 02	IRAN - WOMEN	Warming area 03	SWEDEN - WOMEN	Warming area 04	AUSTRALIA - WOMEN
11:55	12:20	00:25	Pitch 01	SWITZERLAND - WOMEN	Pitch 02	IRAN - WOMEN	Pitch 03	SWEDEN - WOMEN	Pitch 04	AUSTRALIA - WOMEN
11:55	12:20	00:25	Warming area 01	GERMANY - U21 - MEN	Warming area 02	AUSTRIA - U21 - MEN	Warming area 03	DENMARK - U21 - MEN	Warming area 04	SWITZERLAND - U21 - MEN
12:20	12:45	00:25	Pitch 01	GERMANY - U21 - MEN	Pitch 02	AUSTRIA - U21 - MEN	Pitch 03	DENMARK - U21 - MEN	Pitch 04	SWITZERLAND - U21 - MEN
12:20	12:45	00:25	Warming area 01	CHINA - (SC) - U21 - WOMEN	Warming area 02	MALASYA - U21 - WOMEN	Warming area 03	GERMANY - U21 - WOMEN	Warming area 04	FRANCE - WOMEN
12:45	13:10	00:25	Pitch 01	CHINA - (SC) - U21 - WOMEN	Pitch 02	MALASYA - U21 - WOMEN	Pitch 03	GERMANY - U21 - WOMEN	Pitch 04	FRANCE - WOMEN
12:45	13:10	00:25	Warming area 01	USA - MEN	Warming area 02	SOUTH AFRICA - MEN	Warming area 03	DENMARK - MEN	Warming area 04	IRAN - MEN
13:10	13:35	00:25	Pitch 01	USA - MEN	Pitch 02	SOUTH AFRICA - MEN	Pitch 03	DENMARK - MEN	Pitch 04	IRAN - MEN
13:10	13:35	00:25	Warming area 01	MALASYA - MEN	Warming area 02	FRANCE - MEN	Warming area 03	JAPAN - (SC) - MEN	Warming area 04	JAPAN - U21 - MEN
13:35	14:00	00:25	Pitch 01	MALASYA - MEN	Pitch 02	FRANCE - MEN	Pitch 03	JAPAN - (SC) - MEN	Pitch 04	JAPAN - U21 - MEN
13:35	14:00	00:25	Warming area 01	GERMANY - (SC) - MEN	Warming area 02	SPAIN - (SC) - MEN	Warming area 03	ITALY - (SC) - MEN	Warming area 04	GREAT BRITAIN - (SC) - MEN
14:00	14:25	00:25	Pitch 01	GERMANY - (SC) - MEN	Pitch 02	SPAIN - (SC) - MEN	Pitch 03	ITALY - (SC) - MEN	Pitch 04	GREAT BRITAIN - (SC) - MEN
14:00	14:25	00:25	Warming area 01	GERMANY - (SC) - WOMEN	Warming area 02	ITALY - (SC) - WOMEN	Warming area 03	NEW ZEALAND - (SC) - WOMEN	Warming area 04	SPAIN - (SC) - WOMEN
14:25	14:50	00:25	Pitch 01	GERMANY - (SC) - WOMEN	Pitch 02	ITALY - (SC) - WOMEN	Pitch 03	NEW ZEALAND - (SC) - WOMEN	Pitch 04	SPAIN - (SC) - WOMEN
14:25	14:50	00:25	Warming area 01	PORTUGAL - (SC) - MEN	Warming area 02	SWITZERLAND - (SC) - MEN	Warming area 03	POLAND - (SC) - MEN	Warming area 04	NEW ZEALAND - (SC) - MEN
14:50	15:15	00:25	Pitch 01	PORTUGAL - (SC) - MEN	Pitch 02	SWITZERLAND - (SC) - MEN	Pitch 03	POLAND - (SC) - MEN	Pitch 04	NEW ZEALAND - (SC) - MEN
14:50	15:15	00:25	Warming area 01	NETHERLANDS - (SC) - WOMEN	Warming area 02	DENMARK - (SC) - WOMEN	Warming area 03	GREAT BRITAIN - (SC) - WOMEN	Warming area 04	CHINESE TAIPEI - (SC) - WOMEN
15:15	15:40	00:25	Pitch 01	NETHERLANDS - (SC) - WOMEN	Pitch 02	DENMARK - (SC) - WOMEN	Pitch 03	GREAT BRITAIN - (SC) - WOMEN	Pitch 04	CHINESE TAIPEI - (SC) - WOMEN
15:15	15:40	00:25	Warming area 01	FRANCE - U21 - WOMEN	Warming area 02	HONG KONG - MEN	Warming area 03	CHINESE TAIPEI - (SC) - MEN	Warming area 04	HONG KONG - WOMEN
15:40	16:05	00:25	Pitch 01	FRANCE - U21 - WOMEN	Pitch 02	HONG KONG - MEN	Pitch 03	CHINESE TAIPEI - (SC) - MEN	Pitch 04	HONG KONG - WOMEN
15:40	16:05	00:25	Warming area 01	SINGAPORE - (SC) - WOMEN	Warming area 02	JAPAN - (SC) - WOMEN	Warming area 03	CHINA - (SC) - WOMEN	Warming area 04	
16:05	16:30	00:25	Pitch 01	SINGAPORE - (SC) - WOMEN	Pitch 02	JAPAN - (SC) - WOMEN	Pitch 03	CHINA - (SC) - WOMEN	Pitch 04	
16:05	16:30	00:25	Warming area 01	FRANCE - U21 - MEN	Warming area 02	PORTUGAL - U21 - MEN	Warming area 03	CHINA - (SC) - U21 - MEN	Warming area 04	CHINA - (SC) - MEN
16:30	16:55	00:25	Pitch 01	FRANCE - U21 - MEN	Pitch 02	PORTUGAL - U21 - MEN	Pitch 03	CHINA - (SC) - U21 - MEN	Pitch 04	CHINA - (SC) - MEN
16:30	16:55	00:25								
16:55	17:20	00:25								

**NO TEAM ALLOWED TO USE THE PITCHES OUT OF THEIR ASSIGNED HOURS**