



TRAINING SCHEDULE FOR WORLD CHAMPIONSHIPS 2016

6-11.07.2016

CRACOW – POLAND

WEDNESDAY 6.07

	8:00-9:00	09:00-10:00	10:00-11:00	11:00-12:00	12:00-13:00	13:00-14:00	14:00-15:00	15:00-16:00	16:00-17:00	17:00-18:00	18:00-19:00	19:00 -20:00
	C	D	E	F	G	H	I	J	K	L	A	B

THURSDAY 7.07

	8:00-9:00	09:00-10:00	10:00-11:00	11:00-12:00	12:00-13:00	13:00-14:00	14:00-15:00	15:00-16:00	16:00-17:00	17:00-18:00	18:00-19:00	19:00 -20:00
	K	L	A	B	C	D	J	F	G	H	I	E

FRIDAY 8.07

	8:00-9:00	09:00-10:00	10:00-11:00	11:00-12:00	12:00-13:00	13:00-14:00	14:00-15:00	15:00-16:00	16:00-17:00	17:00-18:00	18:00-19:00	19:00 -20:00
	I	J	K	L	B	A	C	D	E	F	G	H

SATURDAY 9.07

	8:00-9:00	09:00-10:00	10:00-11:00	11:00-12:00	12:00-13:00	13:00-14:00	14:00-15:00	15:00-16:00	16:00-17:00	17:00-18:00	18:00-19:00	19:00 -20:00
	L	B	C	D	E	F	G	H	I	J	K	A

SUNDAY 10.07

7:00-8:00	8:00-9:00	09:00-10:00	10:00-11:00	11:00-12:00	12:00-13:00	13:00-14:00	14:00-15:00	15:00-16:00	16:00-17:00	17:00-18:00	18:00-19:00	19:00 -20:00
C	F	E	D	G	H	I	J	K	L	A	B	-

MONDAY 11.07

	7:00 - 7:30	07:30 - 8:00	8:00 - 8:30	8:30 -9:00	9:00 - 9:30	9:30 -10:00	10:00 - 10:30	10:30 - 11:00	11:00 -11:30	11:30 -12:00	12:00 -12:30	12:30 -13:00
	H	I	J	K	L	A	B	C	D	E	F	G